

Make reading and writing a part of every day.

By age five, children have developed nearly 90% of their adult brain size. There is plenty of time to "nourish" your child's healthy development.



Two-year-olds are very independent and may want to do things all by themselves, including choosing books and telling the story their own way.

Two-year-olds can learn a lot. Reading new stories and poems adds new words to your toddler's speech.

Two-year-olds learn from stories they hear or you read to them. They learn about their world and about getting along with others.

Don't force reading. If your toddler wants to stop or do something else, that's OK.

Use reading as a beginning for conversations. Here's an example: "Oh, look, there's a skunk in that picture. Do you remember when our dog got sprayed by a skunk and she smelled awful?"

Try turning off the TV!







Visit your local library and local bookstore as often as possible. Many libraries have storytimes for toddlers.

Choose books with:

- lots of everyday objects
- simple stories
- the same words repeated over and over
- humor

Some good books for a two-year-old:

Sam Who Never Forgets by Eve Rice

The Napping House by Don Wood

Jesse Bear, What Will You Wear? by Nancy Carlstrom

Firetruck by Peter Sis

On Mother's Lap by Ann Herbert Scott

There Was an Old Woman Who Swallowed a Fly by Simms Taback

Mr. Gumpy's Outing by John Burningham

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